



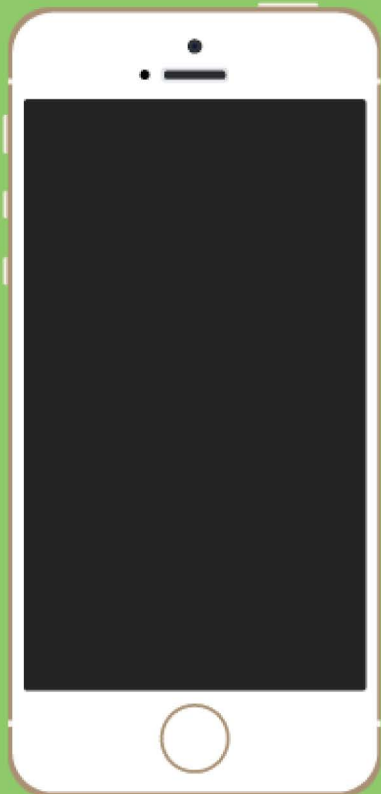
FLOREO VR



**THERE ARE SOME
INTERESTING AND FUN
NEW EXPERIENCES AHEAD FOR YOU-**

IN ORDER TO USE FLOREO, YOU WILL NEED...

A SMARTPHONE...



AND...



SOME VR GOGGLES

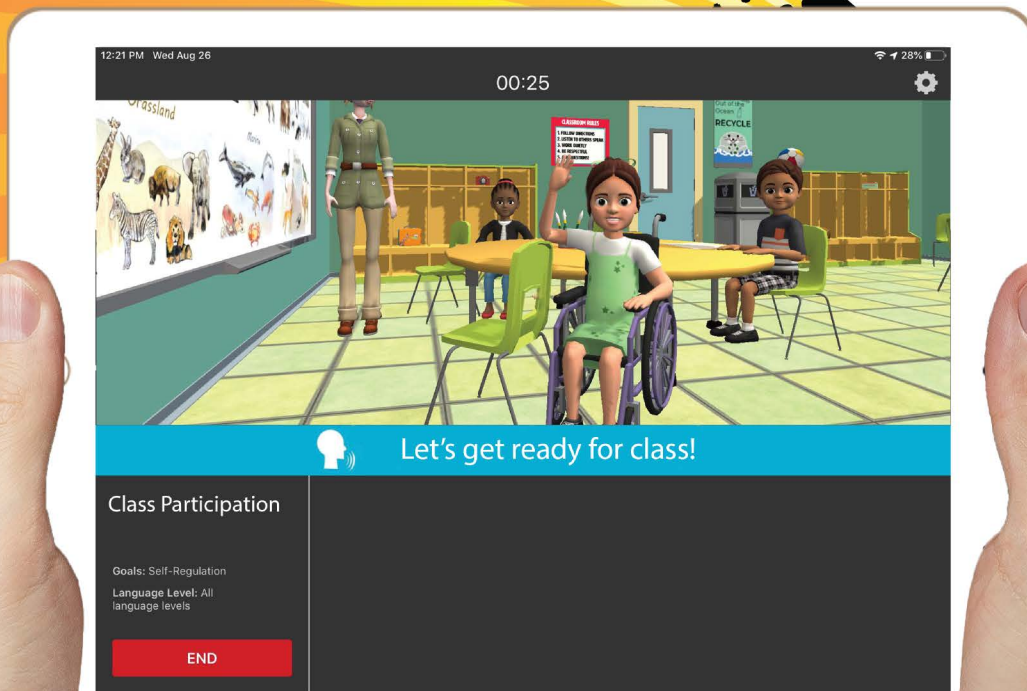
THE PHONE GOES IN THE GOGGLES...



THE GOGGLES GO ON YOUR HEAD!

ALSO, SOMEONE WILL HAVE AN
IPAD AND BE ABLE TO HELP YOU
THROUGH THE LESSONS-

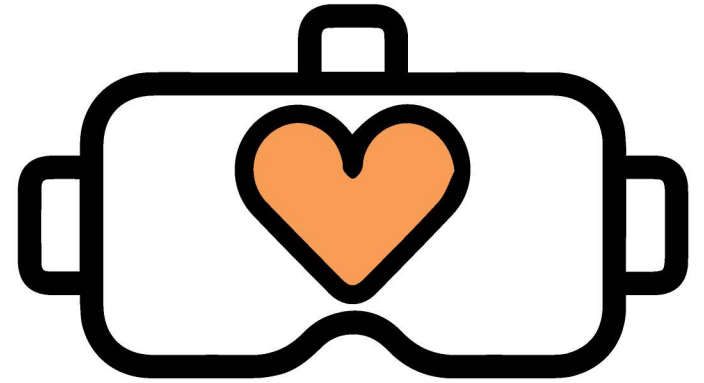
THAT PERSON WILL BE YOUR
“COACH”





**TO GET THE MOST OUT OF THE
FLOREO VR EXPERIENCE,
REMEMBER THESE THINGS...**

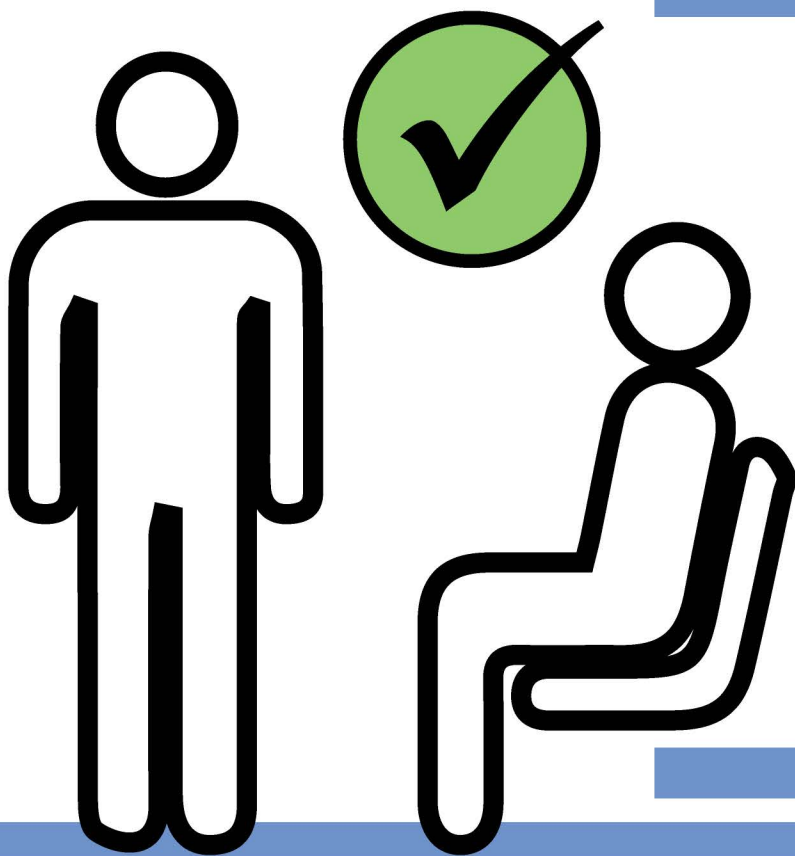
**THE GOGGLES SHOULD FEEL
COMFORTABLE ON YOUR HEAD**



**THE GOGGLES ARE BIG ENOUGH TO WEAR YOUR
GLASSES UNDERNEATH IF NEEDED**



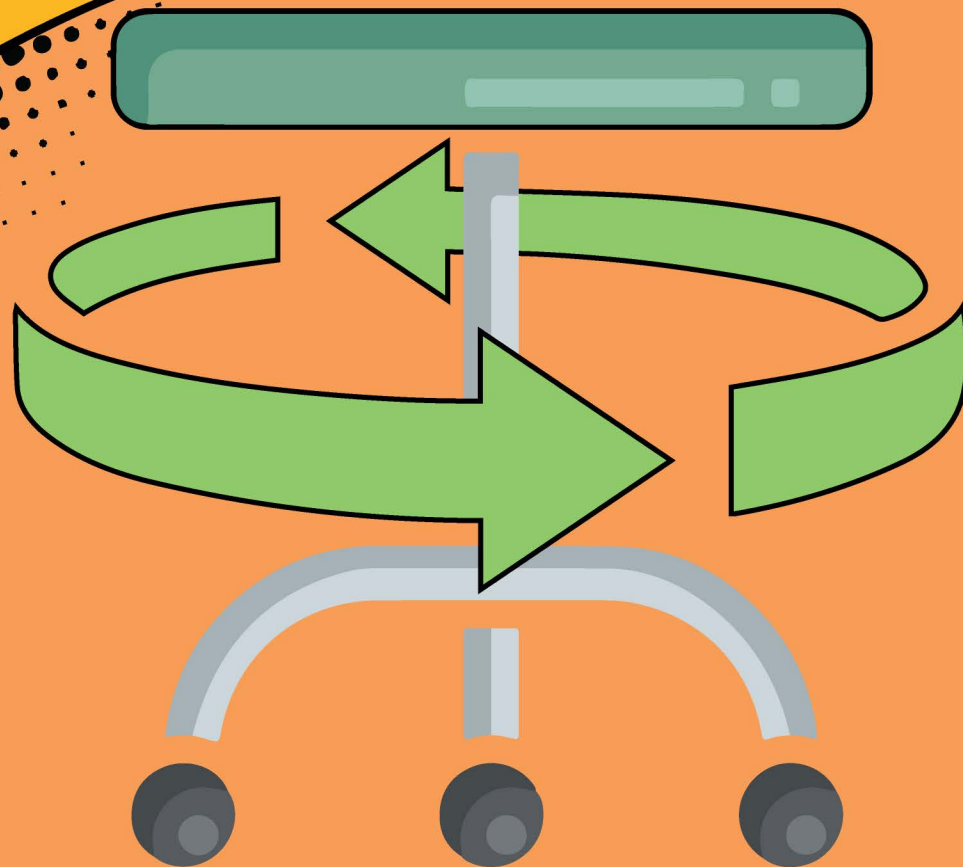
**IF THE GOGGLES FEEL A LITTLE HEAVY, YOU
CAN HOLD THEM UP WITH YOUR HANDS**



**YOU CAN USE FLOREO STANDING UP
--
OR SITTING DOWN**

SITTING DOWN IN A
SWIVEL CHAIR WORKS
WELL WITH FLOREO!

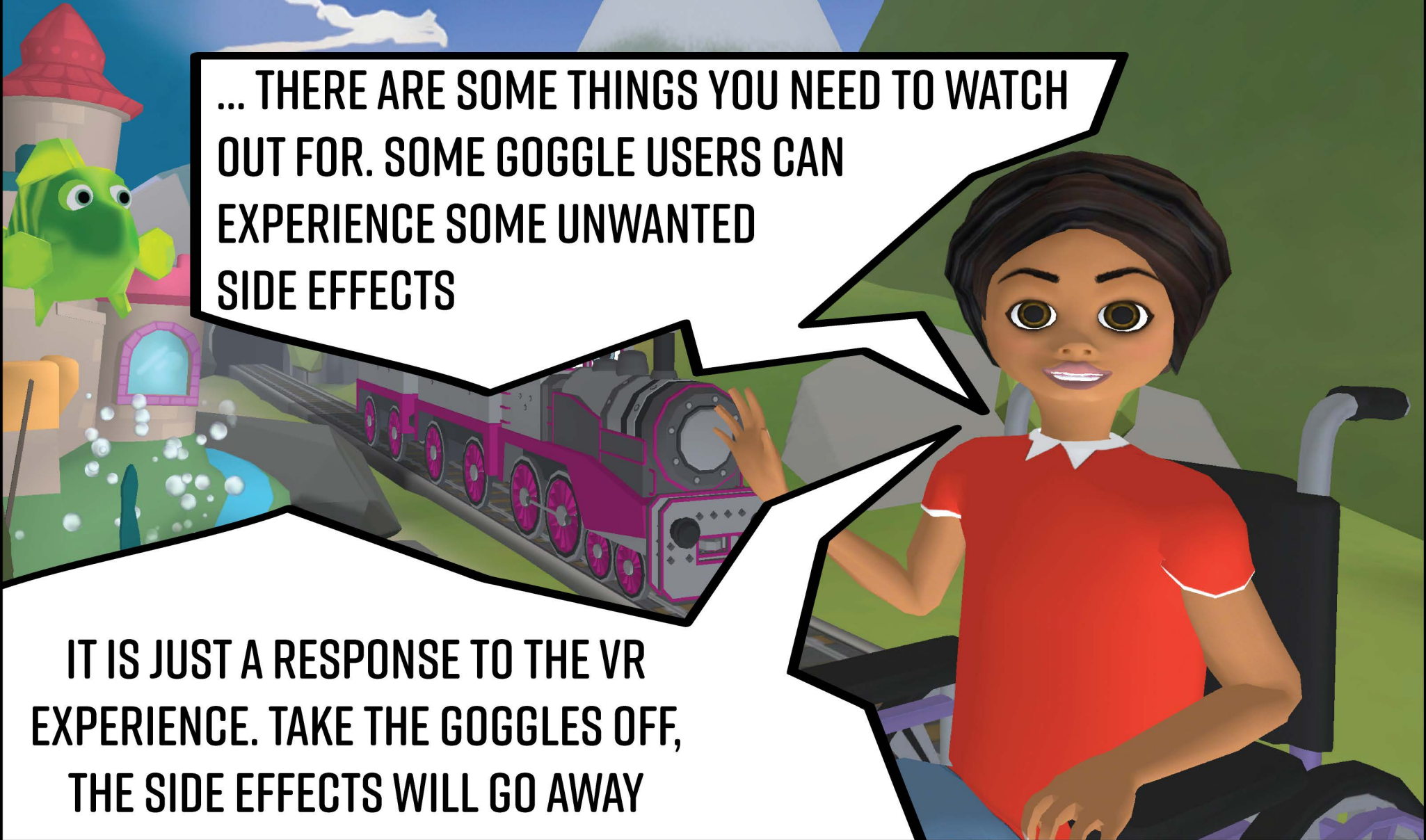
REALLY



**VIRTUAL REALITY CAN BE FUN AND EXCITING! MOST PEOPLE FEEL
FINE WHEN THEY ARE DOING VR - BUT...**

**... THERE ARE SOME THINGS YOU NEED TO WATCH
OUT FOR. SOME GOGGLE USERS CAN
EXPERIENCE SOME UNWANTED
SIDE EFFECTS**

**IT IS JUST A RESPONSE TO THE VR
EXPERIENCE. TAKE THE GOGGLES OFF,
THE SIDE EFFECTS WILL GO AWAY**

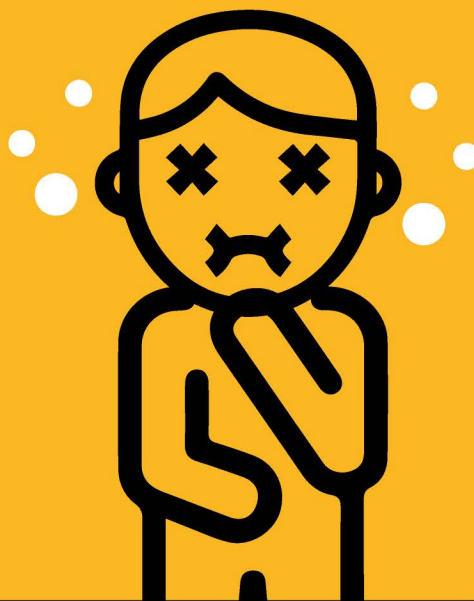


WHAT ARE THE UNWANTED SIDE EFFECTS?

TIRED EYES



QUEASY STOMACH



HEADACHE

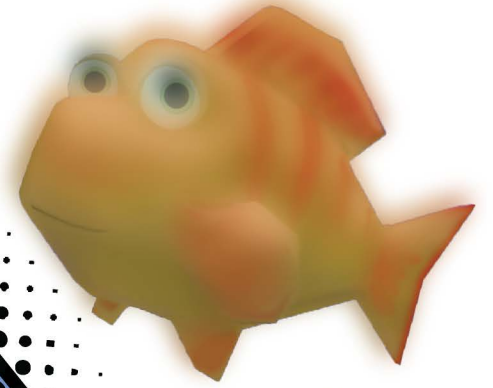


IF ANY OF THESE HAPPEN, JUST TAKE THE GOGGLES OFF!
YOU SHOULD FEEL BETTER AFTER JUST A MINUTE OR TWO

**WHILE USING FLOREO-
WE WANT YOUR EYES TO
FEEL GOOD**

**SO THINK ABOUT HOW
YOUR EYES FEEL!!!**





**THAT'S NOT
RIGHT!!**



**SOMETIMES, AT THE BEGINNING,
THE SCREEN CAN LOOK A LITTLE
FUZZY OR DOUBLE IMAGES MAY
SHOW UP**

**JUST LET YOUR COACH KNOW IF THIS
HAPPENS. THE COACH CAN FIX THE FOCUS**

**WHENEVER YOU LOOK AT A SCREEN CLOSE TO YOUR EYES,
YOUR EYES HAVE THE CHANCE OF GETTING TIRED**



**IT CAN HAPPEN IF YOU
SIT TOO CLOSE TO THE
TV**



**IT CAN HAPPEN IF YOU
WEAR VR GOGGLES FOR
TOO LONG**

FLOREO LESSONS ARE NOT SUPPOSED TO BE
LONGER THAN **7 MINUTES**

KEEPING THE VR SESSION SHORT WILL
GIVE YOUR EYES A CHANCE TO REST



YOUR EYES CAN GET EXTRA TIRED IF YOU ALREADY HAVE
SOME PROBLEMS FOCUSING YOUR EYES IN REAL LIFE**

** THIS INCLUDES PROBLEMS SUCH AS STRABISMUS OR CONVERGENCE INSUFFICIENCY

**ANOTHER THING TO PAY ATTENTION
TO IS THE FEELING IN YOUR HEAD...**



... AND THE FEELING IN YOUR STOMACH

SOMETIMES, SOMEONE USING VR MIGHT FEEL QUEASY. THIS CAN HAPPEN IF THE VR WORLD STARTS TO MOVE AND IN THE REAL WORLD, THE PERSON IS SITTING STILL

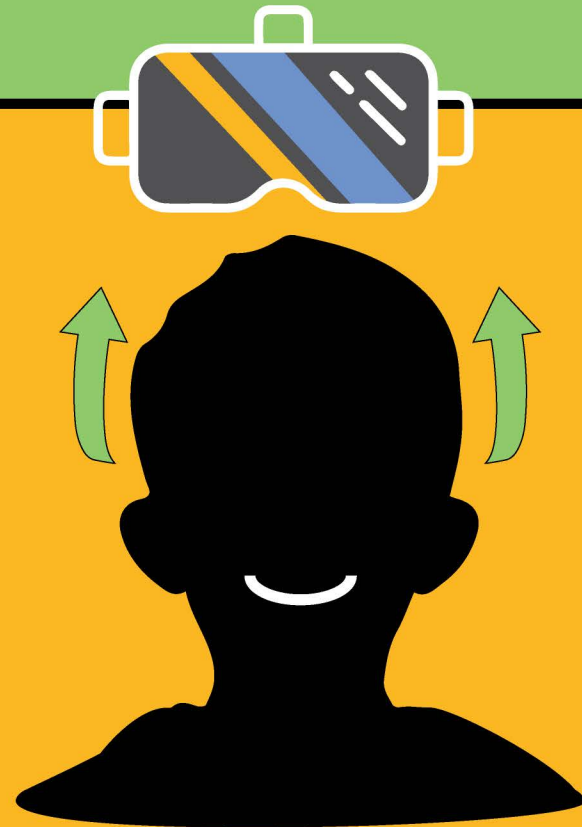
IT CAN ALSO HAPPEN IF YOU MOVE YOUR HEAD TOO QUICKLY IN THE VR WORLD. IT COULD GIVE YOU A HEADACHE



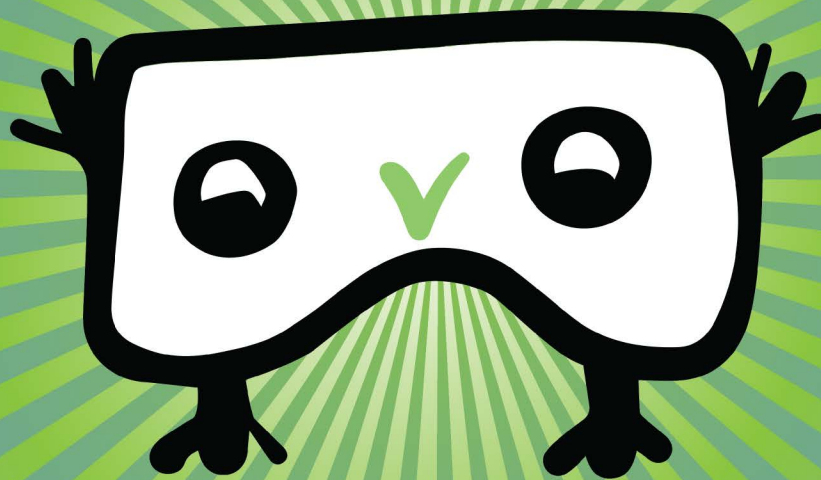
MOST OF THE TIME IN FLOREO, YOU STAY IN ONE PLACE IN THE LESSON. THIS SHOULD KEEP YOUR STOMACH AND YOUR HEAD FEELING PRETTY GOOD. BUT...

IF YOU START TO FEEL A QUEASY STOMACH OR A HEADACHE...

JUST TAKE THE GOGGLES OFF!



**FOR A POSITIVE VR EXPERIENCE,
REMEMBER THESE THINGS**



**MAKE SURE YOU HAVE EATEN
AND HAD A GOOD NIGHT'S SLEEP**

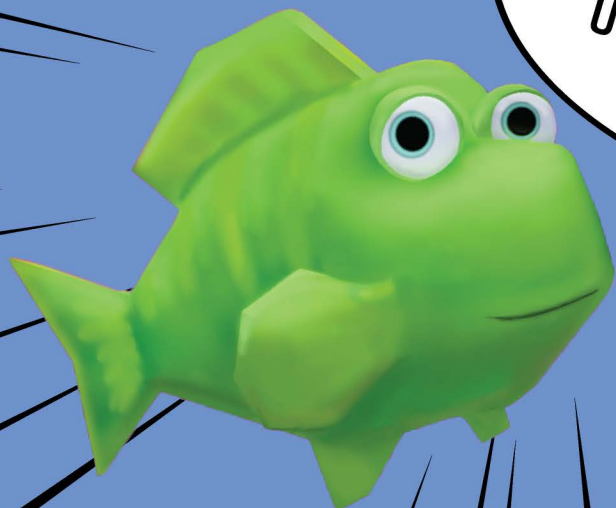


**ONLY USE FLOREO VR
WHEN YOU ARE
FEELING HEALTHY**



**ASK FOR HELP ADJUSTING THE STRAP IF THE
GOGGLES DO NOT FIT WELL ON YOUR HEAD**

ASK FOR HELP IF WHAT YOU SEE ON THE SCREEN IS BLURRY OR DOUBLED



THE GOGGLES HAVE KNOBS THAT YOU CAN USE TO ADJUST THE FOCUS

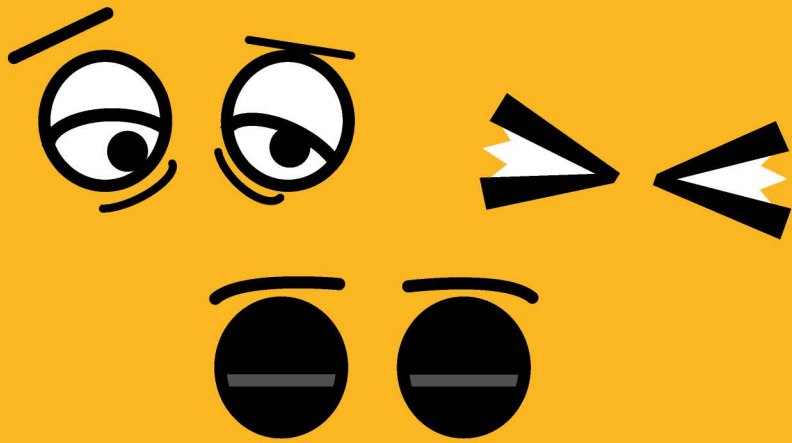


IF YOU NEED TO TURN YOUR HEAD, TURN IT SLOWLY ... NO SUDDEN JERKS!

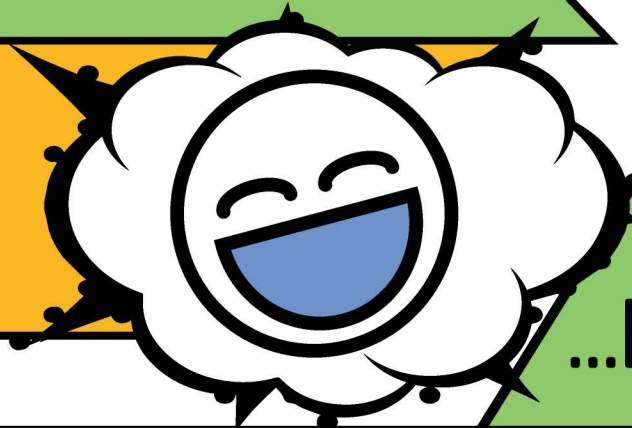
IF YOU START FEELING UNCOMFORTABLE, HAVE AN UPSET STOMACH, OR FEEL DIZZY, THEN TAKE THE HEADSET OFF



IF YOU FEEL LIKE CLOSING
YOUR EYES, ARE BLINKING A
LOT, OR ARE SQUINTING...



JUST TAKE THE GOGGLES OFF!



FOLLOW THE INSTRUCTIONS TO
TAKE THE GOGGLES OFF AFTER
7 MINUTES.



GIVE YOUR EYES A BREAK
...EVEN IF YOU ARE FEELING OKAY!

REMEMBER!

**IF YOU EVER FEEL UNCOMFORTABLE, FEEL
FREE TO TAKE THE GOGGLES OFF!**



**AND DON'T
FORGET TO
HAVE FUN!**



floreo

VIRTUAL REALITY CAN BE A FUN EXPERIENCE FOR MOST PEOPLE, BUT IT IS NOT FOR EVERYONE. DON'T USE IMMERSIVE VR IF YOU SUFFER FROM EPILEPSY, MIGRAINES, VERTIGO, OR PSYCHOSIS. THE VR EXPERIENCE COULD EXACERBATE YOUR SYMPTOMS